



CAL MARITIME
EDUCATIONAL OPPORTUNITY PROGRAM



2024 Summer Bridge Handbook

Welcome to EOP Summer Bridge 2024!
Monday, Aug. 12th, 2024 – Friday, Aug. 16th, 2024

Welcome to the Educational Opportunity Program at Cal Maritime! We look forward to getting to know you through the Summer Bridge experience.

Summer Bridge provides you with an advantage as an incoming first-time student at Cal Maritime. You will learn from returning Cal Maritime students who can share their experiences. You will come together with other EOP students to support each other as you embark on your college education and form lasting friendships. You will develop self-confidence in your surroundings and capabilities. You will also learn helpful strategies to be successful at Cal Maritime and how to do it before most first-year students have even stepped onto campus.

Please read through the following information to familiarize yourself with program expectations, tentative agenda, and other relevant information.

What is Summer Bridge?

Summer Bridge is a mandatory summer program and experience for all first-time EOP students that is offered free of cost. The primary focus of the program is to support EOP students towards a successful transition to Cal Maritime and provide the opportunity to begin building a community with others before the academic school year begins. The program includes skill and community building activities designed to promote personal growth, academic competency, and a sense of belonging. Summer Bridge lasts 5 days and 4 nights, and will take place on-campus (with the exception of off-campus excursions), including lodging in the residence hall.

What will you be doing?

- Teambuilding with other EOP students
- Learning about university expectations
- Developing independent skills towards academic success
- Strengthening your confidence about attending Cal Maritime
- Learning about EOP program services and resources
- Familiarizing yourself with the campus environment and available resources

What are the benefits?

- Develop a support network of CSUM staff, faculty, and mentors committed to your success
- Gain lasting new friends and a social support network
- Engagement in educational and resourceful workshops
- Opportunities to learn about campus resources and support services
- Get a feel for the Cal Maritime campus environment before the academic year begins

Transportation Information

All students are responsible for their own transportation to campus on Monday, August 12th, 2024. Since Summer Bridge takes place before Orientation, ***students should plan to completely move into their residence hall when they come to Summer Bridge.*** After Summer Bridge ends, students will remain on campus and immediately participate in Orientation, followed by the start of the semester.

If you have any questions or need any support with transportation (i.e. traveling from airport to campus), please contact EOP immediately (EOP@csum.edu). Transportation support is provided for students only; family members are expected to arrange their own transportation.

More information about the location (where students will be housed, check-in, etc.) will be sent approximately 2 weeks before the start of the program. For directions to campus, please visit:

<https://www.csum.edu/about/location.html>

Housing Information

EOP students participating in Summer Bridge will be housed in the residence hall throughout the entire duration of the program. Students should expect to share a room with one roommate of the same gender. Since the first day of Summer Bridge acts as move-in day for EOP students, please plan accordingly to bring in ALL your move-in items on this day, including personal belongings. For more general information regarding housing at Cal Maritime, please visit:

<https://www.csum.edu/housing/faqs.html>

If there are any questions regarding housing, please contact housing@csum.edu

Who and What Should I Bring with Me?

Summer Bridge is intended to be a fully immersive experience in helping students transition to the Cal Maritime campus and college environment; therefore, guests are NOT allowed during the Summer Bridge program. Parents are welcome to bring students to campus and participate in the afternoon programming through dinner on Monday, August 12th, 2024. However, all parents are expected to depart by 6:00pm. All meals, housing, and excursions are provided during Summer Bridge at no cost to students. Our Housing & Residential Life department provides a guidance list on what to bring.

Students should bring the following items:

- Seasonally appropriate clothing for the duration of the Summer Bridge program, including at least one pair of long pants, socks, a sweatshirt or jacket, and closed-toed, rubber soled shoes
- Swimsuit and towel
- Toiletries (shower items, toothbrush, etc.) and any necessary medication
- Health insurance cards (Kaiser, MediCal, etc.)
- Black socks and a white undershirt for uniform fitting, plus hair ties for students with long hair

Uniforms

Uniforms are not worn during Summer Bridge; however, students will have the opportunity to be measured and fitted for uniforms during Summer Bridge. Students receiving financial aid have the opportunity to have their uniform cost covered by their financial aid package (please communicate with Financial Aid for specific details) once it is awarded in August. Uniform pieces will be distributed to you during Orientation. If you plan to pay for your uniform out-of-pocket, please bring a check for the appropriate “balance due at fitting” amount payable to the Cashiers office located in the Administration Building. (Please refer here for [Uniform Sizing Form and Information](#))

Important Dates to Remember:

Friday, July 19th, 2024 | Complete and submit online EOP Summer Bridge Survey Form

Monday, Aug. 12th, 2024 | EOP Summer Bridge move-in day (program begins at 3pm)

Friday, Aug. 16th, 2024 | EOP Summer Bridge ends

Saturday, Aug. 17th, 2024 | Orientation for all Cal Maritime students begins

Wednesday, Aug. 21st, 2024 | 1st Day of Fall 2024 Instruction Begins

EOP Summer Bridge Program Schedule

Monday, Aug. 12th, 2024

11:00am – 2:45pm | Registration & Check-In

3:00pm – 3:45pm | EOP Welcome

3:45pm – 4:00pm | Break

4:00pm – 5:00pm | Parent Session
Mentees & Mentors Group Meeting Time
EOP Capping Ceremony

5:00pm – 6:00pm | Dinner (including family)
*Parents depart after dinner

6:00pm – 7:45pm | EOP Opening Workshop Session and Activity

7:45pm – 8:00pm | Day 1 Closing (housekeeping items, reminders, etc.)

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Tuesday, August 13th, 2024:

8:30am – 9:30am | Breakfast

9:30am – 9:45am | Morning Huddle & Agenda Review

9:45am – 12:00pm | Workshop Sessions

12:00pm – 1:15pm | Lunch

1:30pm – 3:00pm | University Advising Session

3:00pm – 4:00pm | Break/Activity

4:00pm – 5:00pm | Campus Tour and Activity

5:00pm – 6:00pm | Dinner

6:30pm | On-Campus Group Activity/Social

Wednesday, August 14th, 2024:

8:30am – 9:00am | Breakfast

9:15am – 9:30am | Morning Huddle/Agenda Review

9:30am – 11:45am | On-campus Activity

12:00pm – 1:00pm | Lunch

1:00pm – 2:00pm | Teambuilding activity

2:30pm – 5:00pm | Off-campus Activity

5:00pm – 6:00pm | Break

6:15pm – 7:30pm | Dinner on the Waterfront

Educational Opportunity Program

Thursday, August 15th, 2024:

8:30am – 9:30am | Breakfast

9:45am – 9:55am | Morning Huddle/Agenda Review

10:00am – 12:00pm | Life at Cal Maritime Q&A

12:00pm – 1:00pm | Lunch w/ Cal Maritime Faculty

2:00pm – 4:00pm | Swimming at PEAC (tentative)

5:00pm – 6:00pm | Dinner

Friday, August 16th, 2024:

8:30am – 9:30am | Breakfast

10:00am – 12:00pm | Service Opportunity (TBD)

12:00pm – 1:00pm | Closing Ceremony + Lunch

1:00pm – 4:00pm | Free Period – Uniform fitting, Supply Run, etc.

Summer Bridge Registration Packet 2024

Summer Bridge is required for all newly admitted EOP students at CSU Maritime. Please be sure to have all documents included in this handbook with you during check-in on **Monday, August 12th, 2024**.

All documents in the registration packet are required and must be completed entirely. Any incomplete documents may be returned to the student, potentially resulting in a delay in processing and no participation in certain Summer Bridge activities.

A complete registration packet includes the following documents:

- Program Rules & Expectations Form
- Summer Bridge Registration Form
- Medical Emergency Form
- Visual/Audio Image Release Form
- Release of Liability Agreement Form

Once you have completed and signed the entire registration packet, we ask that you please bring your completed Summer Bridge Handbook with you to submit your signed documents during check-in. A digital copy of the EOP Summer Bridge Handbook will also be available on our EOP website under 'Current EOP Student' in 'Documents'.

If you have any questions regarding anything listed in this handbook, please contact the EOP office:

707-654-1082 | EOP@csum.edu

Program Rules and Expectations Form

The following rules and expectations are intended to help you gain the most from the program and guide you in a positive transition to the college environment. Failure to comply may result in dismissal from the program and/or university.

Participation: You are expected to participate in ALL academic programs, workshops, and activities as indicated by the program schedule. Summer Bridge is a structured and closed program, meaning that you CANNOT leave campus at any time, except for the off-campus excursion trips.

Cell Phone Use: To encourage students to be fully engaged, cell phone use (including texting) is not permitted during regular Summer Bridge programming hours, except for during mealtimes and scheduled breaks. An in-case-of-emergency number will be manned by a staff member 24 hours a day during Summer Bridge should someone need to get in urgent touch with you.

Attitude: Summer Bridge students are expected to recognize that attitude is an important part of how you communicate with peers, faculty, and staff. You are expected to do your best to maintain a positive attitude and strive to communicate to make the Summer Bridge community work better.

Visitors & Pets: No pets or visitors allowed during the Summer Bridge program. No exceptions!

Roommate Conduct: Students may be assigned a roommate of the same gender during Summer Bridge. All students are expected to interact with their roommate and shared space in a respectful manner befitting that of a university student. Concerns should be addressed to EOP staff. If you do not have a roommate during Summer Bridge, it is still expected that you maintain respect for the space.

Room Damages: Students are responsible for keeping their rooms clean and undamaged. Each room is checked prior to arrival and upon check-out. All roommates will share the cost of missing or damaged items. Damages arising out of student negligence will be paid directly by the student.

Smoking, Drugs & Alcohol: Using, possessing, or being under the influence of alcohol or drugs (except those prescribed by a physician) is strictly forbidden at Cal Maritime. Any student found in violation of this rule will be subject to dismissal from the program and disciplinary action by the university. Smoking of any kind (including vaping) is not allowed on the Cal Maritime campus.

Fighting or Harassment: Fighting or harassment is against the spirit of Cal Maritime and a direct violation of Title V of the Student Conduct Code of California State University. The penalty for being involved in these activities will be dismissal from the program and disciplinary action by the university.

I have read the Summer Bridge Handbook and agree to follow the Program Rules & Expectations. I understand that failure to comply with these guidelines may result in dismissal from the program or the university, with transportation back home at my own expense.

Student Signature

Date

EOP Summer Bridge 2024 Registration Form

Name: _____ Preferred nickname (if any): _____

Your cellphone number: _____ Cal Maritime Student ID Number: _____

What is your T-Shirt Size?

Small Medium Large X-Large XX-Large

Summer Bridge Check-In is from **11:00am – 2:45pm** & all students are expected to arrive no later than **2:00pm** to move into the residence hall. Summer Bridge programming begins at **3:00pm**. As we approach the date of Summer Bridge, you will be emailed your specific move-in timeslot into the residence hall to avoid major traffic.

Yes, I can arrive by the check-in time. No, I have a conflict & need accommodation.

If you cannot make the check-in time and need accommodations (arriving early or late, etc.), please explain:

How do you plan to arrive on campus on Day 1 of Summer Bridge (Mon, Aug. 12th, 2024)? *Reminder: This day is your move-in day into the residence hall for the ENTIRE academic year. Please note: parking is NOT guaranteed for students driving their own car.

I will drive myself and bring my own car to campus. I will be dropped off by someone else.

I will be traveling by airline. I will be traveling by train (Greyhound, etc.)

If you need any accommodations/support with travel (need to be picked up at airport/bus station, etc.), please explain here. EOP staff will be able to accommodate travel needs for students ONLY, not family.

How many people (family members, etc.), not including yourself, will be attending Day 1 of Summer Bridge (Mon, Aug. 12th, 2024) at the EOP Welcome & Dinner (approximately 3:00pm – 6:00pm)?

For everyone who's attending the Welcome & Dinner listed above, are there any dietary restrictions or special dietary needs? If so, please explain here.

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Summer Bridge Program Medical Emergency Form

In the event of an illness or injury, the medical staff will need the following information to provide proper treatment. Please fill out all pages completely or the forms will be returned to you, delaying your registration to the Summer Bridge Program. You will **NOT** be able to attend Summer Bridge unless the completed forms are on file.

Student's Name _____

Address _____

Telephone _____

In the event of an emergency, person to be notified (must be family member and 21 years of age or older):

Name _____ Relationship _____

Home Phone _____ Work or Cellphone _____

Medical Information

1. Are you allergic to any foods, materials, or medications? Yes No
If YES, please list them and explain:

2. Do you have any other physical or medical limitations? Yes No
If YES, please explain.

I certify that this information is true to the best of my knowledge.

Printed name of student

Signature of student

Date

If student is under 18 years of age:

Printed name of parent/guardian

Signature of parent/guardian

Date

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200 Maritime Academy Drive | Vallejo, CA 94590 |(707) 654-1000 | www.csum.edu

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I waive any right that I may have to inspect or approve the Materials and the advertising copy or other matter that may be used in connection therewith or the use to which it may be applied.

I further acknowledge that I have voluntarily agreed to allow CSU to use the Materials without further consent from me or royalty, payment, or other compensation or remuneration in any form whatsoever, and I waive any claim for compensation, remuneration, or reimbursement of any kind for CSU's use or publication of my image and the Materials.

To the fullest extent permitted by applicable law, I irrevocably waive all legal and equitable rights, liabilities, claims, demands, actions, suits, damages and expenses including, but not limited to, claims for copyright or trademark infringement, infringement of moral rights, defamation, invasion of rights of privacy, rights of publicity, intrusion, false light, misappropriation of name, likeness, or image, public disclosure of private facts, physical or emotional injury or distress or any similar claim or cause of action in tort, contract or any other legal theory, now known or hereafter known in any jurisdiction throughout the world (collectively, "Claims") arising directly or indirectly from CSU's exercise of its rights under this release and the use and exploitation of the Materials, and whether resulting in whole or in part by the negligence of CSU, and forever release, discharge, and agree to hold harmless the CSU from liability under such Claims.

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I represent and warrant that CSU's use of the Materials does not, and will not, violate any right of, or conflict with or violate any contract with or commitment made to, any person or entity, and that no consent or authorization from any third party is required in connection herewith. I agree to defend, indemnify, and hold harmless the CSU from and against all Claims by third parties resulting from my breach of any of the foregoing representations and warranties.

I have read the above authorization, release, and agreement prior to signing, and I fully understand the contents. I hereby affirm that I am of the full age of majority and, if applicable, the parent or legal guardian of any minor(s) named below. I have the legal right to consent to, and, by signing below, I hereby do consent to the terms and conditions of this release. This release shall be binding upon me and my heirs, legal representatives, and assigns.

Signature

Printed Name

Address

City, State, Zip

Phone Number

Email Address

Date

Parent/Guardian (if under age of 18)

Signature

Printed Name

Address

City, State, Zip

Phone Number

Email Address

Date



WAIVER OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK AND AGREEMENT TO PAY CLAIMS

Activity: Skyzone Trampoline Park – EOP Summer Bridge 2024

Activity Date(s) and Time(s): Wednesday, Aug. 14th, 2024; 2:30pm – 5:00pm

Activity Location(s): Skyzone Trampoline Park, Vacaville, CA

In consideration for being allowed to participate in the above-referenced Activity, on behalf of myself and my next of kin, heirs, representatives, and assigns, I hereby **release, waive, and discharge from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Maritime Academy and their employees, officers, directors, volunteers and agents (collectively the “University”) from any and all liabilities or claims, **including claims of the University’s negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, property loss, or economic or emotional loss I may suffer because of my participation in the Activity, including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity.**

I agree to **indemnify and hold** the University **harmless** from any and all claims, actions, suits, costs, expenses, and liabilities, including attorney’s fees or damage to my property, that arise out of my participation in the Activity, including any associated use of University facilities or premises and any travel to, from and/or during the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the University, (c) and assuming all risks of participating in the Activity, including travel to, from and during the Activity.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

[In the event that any foreign language translation of this document has been attached hereto by the University, the English language version of this document shall be the authoritative version. The English language version shall be controlling in all respects and shall prevail in case of any inconsistency with the translated version].

I have read this document in its entirety, fully understand its terms, and acknowledge that I am signing it freely and voluntarily. **No other representations concerning the legal effect of this document have been made to me.**

Participant Signature: _____

Participant Name (print): _____ Date: _____

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If the Participant is under 18 years old:

I, the parent/legal guardian of the Participant identified above hereby agree to all of the above on behalf of the Participant

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____ Date: _____