

Scheduling an LSAMP advising meeting

As part of the LSAMP program, you are required to meet with one of the coordinators at the start of the program to discuss your academic goals for this year. At this meeting, you and your LSAMP advisor will review your current progression towards a STEM degree on Peoplesoft and develop an Academic Plan, which consists of a list of goals you would like to achieve this year in your STEM studies.

After scheduling your appointment (see the provided link in your email message to reserve a meeting time), each LSAMP student will prepare a list of goals/strategies that you would like to have implemented /accomplished by the end of this LSAMP year. Please have this preliminary plan draft written down before you show up to advising appointment.

Try to make the goals as specific as possible, while being realistically challenging. Here are some examples of possible components of a generic Academic Plan:

- I will improve my GPA in my engineering coursework from 2.5 to 3.0
- I will work to get a higher grade in Physics II than I did in Physics I
- I will find or ask my instructor for additional exercises and try to solve them first instead of just looking at the solutions directly.
- I want to pass Celestial Navigation with an B+ or better
- I want to do well on the USCG mock exams and will prepare at least 3 hours per week
- I will go to tutoring and office hours so that I can pass Calculus II
- I will start my homework/problem sets the day they are assigned and try to do problems the day they are covered in class
- I want to get an A- or better on my engineering capstone project
- I will not leave assignments until the last minute and keep a calendar of deadlines that I revise daily
- I will go to office hours of all of my instructors at least twice this semester and bring a quiz that I did poorly on to see where I went wrong
- I want to make the dean's list for this semester

Your Academic Plan is a personalized strategy for being successful in STEM academic pursuits. It should consist of a set of objectives and also metrics that you and your advisor will review at the end of the year. As important as the goals is a well-developed process for how you intend to accomplish this plan. The LSAMP coordinators encourage the plan to be individualized to your needs and goals.

You should view your LSAMP advising meeting as *complementary* to your regular meetings with your departmental faculty academic advising for choosing courses, evaluating workload and monitoring your progress towards your degree (i.e., LSAMP advising is not as a substitute or replacement for other required advising sessions of your degree plan).

If none of the listed times blocked off for scheduling your LSAMP advising meeting will work for you, please email the LSAMP coordinators to set up an alternate time for your advising meeting.

We look forward to helping you develop and implement your Academic Plan for this school year!